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NEWS RELEASE

Pennsylvania Homecare Association Releases Three New Training Videos and Spanish Translation Video on *My Learning Center*

Lemoyne, PA (July 20, 2021) –The [Pennsylvania Homecare Association](#) (PHA) has added three new videos to its training website, [My Learning Center](#). The videos are free to access and designed specifically for direct care workers and family caregivers. The videos are made possible through funding from the Pennsylvania Department of Aging.

The new videos are intended to help caregivers build their skills in caring for home-based consumers. The topics include *Easy and Healthy Meal Tips for Caregivers*, *CPR for Caregivers*, and *Mental Health for the Consumer and Caregiver*. Additionally, the video, *Activities to Keep Your Consumers Engaged*, has been translated into Spanish and posted on the site. The English version of the video has been viewed more than 150,000 times.

My Learning Center hosts more than 80 online training opportunities. Since launching in 2010, PHA has collaborated with members and industry experts to develop new content annually. Courses range from Alzheimer’s and dementia care to infection control and pain management. In total, more than 4 million courses have been completed by more than 180,000 caregivers.

The site has been supported through grant funding from the Pennsylvania Department of Aging since its conception. “Whether you are a veteran caregiver looking to refresh your skills or new to the industry, *My Learning Center* is a valuable resource. We greatly appreciate the Pennsylvania Department of Aging’s ongoing support for our trainings and are excited to share this year’s videos with caregivers,” said Teri Henning, PHA CEO.

Individuals interested in completing training courses can access *My Learning Center* online at [learningcenter.pahomecare.org](#). A full list of courses can be found [here](#).

About PHA... The Pennsylvania Homecare Association is a statewide membership organization of more than 700 homecare, home health and hospice providers. PHA members provide quality care and serve as advocates for their patients and clients on a variety of healthcare related issues. PHA and its members work to improve professional standards and ensure access to quality homecare throughout the Commonwealth. To learn more, visit [www.pahomecare.org](#).

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